

Matt 6: 25-34

Vs 25.....do not be worried

Vs 27.....do not be worried

Vs 28.....do not be worried

Vs 31.....do not worry

Vs 34.....do not worry

What do you think Jesus is trying to tell us?

Could it be that worry is a sin against God?

Have you ever heard about being worried to death?

Matt 6: 25-34

- Three reasons not to worry
 - Vs 26...because of your Heavenly Father
 - Vs 30...because of your faith
 - Vs 34...because of your future
- Three illustrations
 - Birds
 - Health
 - Clothes

Matt 6: 26

- A fortiori argument
 - What is true for one..... is true for the other
- Birds
 - How many birds have you seen with a back pack?
 - Blue whale @ 25,000
 - Eat Krill....
 - 2" long
 - 8,000 lbs a day
 - 40 million Krill a day



Psalm 104

- Vs 1-4..... the Majesty of His power
- Vs 5-9.... the establishment of His boundaries
- Vs 10-13....He meets the needs of wild animals
- Vs 14-17...He makes the plants grow
- Vs 18-23....His authority over the universe
- Vs 24-30...His authority over all life
- Vs 31-35....His authority over the future

Matt 6: 27

- Can you add a single hour to your life?
 - \$3.4 trillion globally on wellness
 - 3 times more than the pharmaceutical industry
 - \$276.5 billion on healthy eating and nutrition
 - \$13 billion in America on supplements alone
- Saving one hour
 - All to save.....
 - = .00000014269406% of an hour of your of life (80 years)

Matt 6: 28-32

- What you will wear
 - Average American spends \$161 per mo on clothes
 - Who but Americans would buy new clothes with holes in them?
- Vs 32 Your Heavenly Father knows you have need of all these things
 - Vs 30.....Oh you of little faith
- Who is our faith in?

Matt 6: 25-34

- Seek first His kingdom
 - Do we honestly think God will give us something He will not go through with us? Isaiah 43: 1-3a
 - What is going to happen next Tuesday?
 - Will worry change it? Oh you of little faith?
- I Cor 15: 50-58
 - Be ye steadfast, unmovable, always abounding in the work of the Lord, forasmuch as you know that your labor is not in vain in the Lord